RIL25481 JL4 S.L.C.

119TH CONGRESS 1ST SESSION	S. RES.	
Supporting the designation of May 4 through May 10, 2025, as "Children's Mental Health Awareness Week".		
IN THE SE	NATE OF THE UN	ITED STATES
	ted the following resolution; we mmittee on	

RESOLUTION

- Supporting the designation of May 4 through May 10, 2025, as "Children's Mental Health Awareness Week".
- Whereas millions of youth in the United States struggle with mental health challenges, many of which suffer undiagnosed and untreated;
- Whereas adults who struggle with mental health often show symptoms in their youth that go unaddressed and escalate later in life;
- Whereas childhood and adolescence can be challenging times in life, leaving our youth especially vulnerable to anxiety, depression, bullying, and self-harm;
- Whereas stigma surrounding mental health often prevents youth from seeking the help and support they need, exacerbating the effects of mental health struggles;

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Whereas, according to the Centers for Disease Control and Prevention, mental health disorders are chronic conditions, and untreated mental health challenges can harm the development and well-being of children, impacting their academic, social, and home environments;

Whereas youth suicide continues to be a significant public health crisis, affecting families, individuals, and communities, and there is a need for extensive suicide awareness and prevention programs; and

Whereas May 4 through May 10, 2025, is an opportunity to strengthen public awareness of youth mental health challenges and advocate for meaningful action to improve mental health care for children in the United States: Now, therefore, be it

1 Resolved, That the Senate—

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- (1) supports the designation of May 4 through May 10, 2025, as "Children's Mental Health Awareness Week" to raise awareness of mental health challenges facing our children and the importance of early detection, treatment, intervention, and prevention strategies;
 - (2) recognizes the relationship between children's mental health and plenty of outdoor recreation, a healthy diet, regular socialization with peers, and adequate sleep;
 - (3) urges youth mental health be categorized as a national priority and calls for the continued promotion of mental health in schools and communities;

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1 (4) applauds the collaboration of local, State, 2 and Federal organizations in promoting awareness 3 of youth mental health and providing support for 4 those in need; 5 (5) advocates for individuals, families, and com-6 munities to participate in activities during "Children's Mental Health Awareness Week" to promote 7 mental well-being initiatives, reduce stigma, and fa-8 9 cilitate access to essential services and resources; 10 and 11 (6) reaffirms the importance of mental health 12 as a necessary aspect of overall well-being and urges 13 continued efforts to facilitate access to mental health 14 care for the children of the United States.